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DEPARTMENT OF HEALTH AND HUMAN SERVICES

DIVISION OF CHILD AND FAMILY SERVICES
Helping people. It's who we are and what we do.



Cindy Pitlock, DNP
Administrator

RURAL NEVADA CHILDREN'S MENTAL HEALTH CONSORTIUM

DRAFT MEETING MINUTES

May 18, 2023

All members participated via Microsoft Teams technology (video or audio).

VOTING MEMBERS PRESENT:

Heather Plager
Lana Robards
Mala Wheatley
Marcel Brown
Melissa Washabaugh
Michelle Sandoval
Rebecca McGough
Sarah Hannonen
Jan Marson
Jaymee Oxborrow

VOTING MEMBERS ABSENT:

Cherylyn Rahr-Wood

STAFF AND GUESTS:

Amna Khawaja
Ann Polakowski
Beverly Burton
Char Frost
Denise Padilla
Erin Card
Feyia Wolicki
Jasmine Casey
Jasmine Sotelo
Jennifer Lords
Kary Wilder
Kim Parker
Kristen Rivas
Matthew Bommarito

Mignon Hoover
Misty Vaughn Allen
Nicole Mara
Ruben Trujilo
Tiffany Coury

1. Call to Order, Roll Call, Introductions. – *Melissa Washabaugh, Rural Children's Mental Health Consortium Chair*

Melissa Washabaugh called the meeting to order at 3:04 pm. Jasmine Sotelo, Administrative Assistant, Division of Child and Family Services (DCFS), conducted roll call and a quorum was established.

2. Public Comment. *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

Michelle Sandoval invited Erin Card, Jasmine Casey, Kim Parker, and Ruben Trujilo from Rural Mobile Crisis Response Team (RMCRT) to join this meeting.

3. For Possible Action. For Possible Action. Approval of meeting minutes – *Melissa Washabaugh*

a. Main Meeting Minutes – April 20, 2023

MOTION: Michelle Sandoval made a motion to approve the draft Meeting Minutes for April 20, 2023

SECOND: Lana Robards

VOTE: Unanimous, with no opposition or abstention

4. For Possible Action. Discussion and possible vote on recommendations to fill rural Children's Mental Health Consortium membership vacancies – *RCMHC Members*

A discussion and vote were held on recommendations to fill RCMHC membership vacancies.

MOTION: Rebecca McGough made a motion to move Melissa Washabaugh from her current position: "representative of a private industry related to children's health care in the region" to represent a "provider of child/adolescent substance abuse treatment

SECOND: Lana Robards

VOTE: Unanimous, with no opposition. Melissa Washabaugh abstained.

MOTION: Michelle Sandoval made a motion to make Charlene Frost a voting member to fill the position: "parent advocacy organization: Nevada PEP, Family Specialist"

SECOND: Rebecca McGough

VOTE: Unanimous, with no opposition or abstention

There is now a vacancy for a voting member to fill: “representative of a private industry related to children’s health care in the region.

Melissa Washabaugh announced that in addition to the vacancy mentioned above, the following are also vacant: “parent of a child with an emotional disturbance”, “representative of a tribal provider with mental health services in the region”, and “DCFS: representative of the agency which provides child welfare services in the region”.

Official voting member appointment letters will be drafted and sent out to Melissa Washabaugh and Charlene Frost.

5. For Possible Action. Review, discussion, and possible vote on FY 2023 Budget – *RCMHC Members*

A discussion and vote were held to use the \$6,272.50 left of the budget in the following methods:

MOTION: Michelle Sandoval made a motion to use \$200 of the budget to cover shipping costs of the wellness item baskets to Rural Nevada

SECOND: Rebecca McGough

VOTE: Unanimous, with no opposition or abstention

MOTION: Jan Marson made a motion to use utilize up to \$4,000.00 of the \$6,072.50 budget balance towards the RCMHC website re-design – The remaining \$2,072.50 after shipping of baskets and website re-design to be used for purchasing Warmies® therapeutic stuffed animals and medication safes, split evenly at \$1,036.25 between each

SECOND: Rebecca McGough

VOTE: Unanimous, with no opposition or abstention

6. For Possible Action. May 2023 Mental Health Month planning and possible vote on activities and budget – *RCMHC Members*

- a. Statewide Consortium event at state legislature on May 11th.

Melissa Washabaugh confirmed the wellness baskets accompanied with the consortium letter were sent out and should be received by the end of the month.

Sarah Hannonen attended the legislature event with other members of RCMHC on May 11th. Youth M.O.V.E was also there handing out green ribbons to different individuals. The Bill Draft Request (BDR) 265 was approved and should be signed by the governor.

7. For Possible Action. FY 2024 Consortium Retreat Planning Workgroup and plans and budget – *Sarah Hannonen, Chair – RCMHC Members*

- a. FY 2024 Retreat Workgroup Meeting 4/24, 3:00 pm

Sarah Hannonen gave an update on the last FY 2024 Retreat Workgroup Meeting that occurred on April 24th. The retreat will be held in Churchill County, NV. Discussion and decisions on venue, costs, travel, activities, and other events will be further discussed during the next meeting on May 25th. The retreat will be held early 2024, in either February or March and the workgroup will be meeting monthly to further plan for the retreat. Jan Marson will be reaching out to community members to provide food, and Lana Robards is willing to provide food as well.

8. For Possible Action. Discussion and possible vote to support the Katie Grace Foundation – *RCMHC Members*

MOTION: Sarah Hannonen made a motion to become an official partner with the Katie Grace Foundation

SECOND: Michelle Sandoval

VOTE: Unanimous, with no opposition or abstention

Sarah Hannonen will complete and submit the official form that is required from the KG Foundation.

9. For Information Only. Nevada Caring Contracts (NCC) – *Cherylyn Rahr-Wood, Regional Behavioral Health Coordinator, Nevada Rural Hospital Partners*

Tabled.

10. For Possible Action. Family narrative. Family experience accessing mental health services in rural Nevada– *Denise Padilla, Parent, Elementary Education Program Supervisor, Great Basin College*

Denise Padilla shared her family experience with receiving and accessing mental health services in rural Nevada for her daughter, Allison. Denise's full narrative is attached to the Division of Child and Family Services website.

11. For Information Only. Update on System of Care (SOC) Grant – *Amna Khawaja and Beverly Burton, Division of Child and Family Services (DCFS)*

The following updates were provided by Amna and Beverly for SOC:

No cost extension:

- Submit by July 29, SOC plans to submit in June
- Focus only on year 4 goals were not complete
- Working with SAMHSA budget office and consulting with our TA folks for the university of Connecticut
- Need to determine remaining funds to complete our NCE, should be notified in August

We are reaching out to our current grantees to address the end of the grant and work on the following:

- Grantees submit quarterly reports, and SOC added a few questions to address their work
- Sustainability plan and impact of services
- Lessons learned about their work that could help in the future
- Appreciative of the work and contributions to helping children, youth, and families
- Reviewing the next System of Care grant, which is due March 24, 2024, as they are eligible. If they are awarded a 2024 System of Care grant, it would be seamless with current SOC grant. However, a new grant must have a different focus and geographic location. Stay tuned as the Children's Mental Health Consortium's are an excellent form for discussion and strategy building for a well-informed community engagement of ideas to pursue.

12. For Information Only. Update on Pediatric Mental Health Access Care Grant (NVPeds) – *Nicole Mara, Education and Information Officer, Nevada Department of Health and Human Services*

Nicole Mara provided the following updates to all attendees:

- Mental Health Awareness Month Infographic was disseminated yesterday to over 350 recipients.
- The NVPeds Telegram for June (Issue #24) will be focused on LGBTQ+ Youth Mental Health – Rural resources, information, and upcoming events are welcomed to be publicized in the Telegram.
- Training: CAMS Role Play training occurred earlier this month. COSP, REACH PPP, and CAMS trainees will be attending consultation/coaching calls in the coming months to complete the requirements of the respective trainings.
- UNR CME Library still has 4 NVPeds-sponsored self-paced training offerings available with CMEs available.
- The NVPeds-sponsored YPSS/CHW paid internship program, which is a Peer-to-Peer Workforce Development initiative in partnership with NAMI and AHEC, is looking for young people ages 18-25 with lived mental or behavioral health experience to apply to become dually certified as a YPSS and CHW. If you know a young adult who is interested in this internship opportunity, please have them contact NAMI.
- The Pediatric Mental Health Care Access Program grant from HRSA that funds NVPeds sunsets at the end of September. There has been some discussion regarding applying for a one year no-cost extension of the grant so we can continue providing high quality education, information, and professional development opportunities for child-serving professionals across disciplines.

Quorum was lost after agenda item #12; Therefore, the meeting was adjourned.

13. **For Possible Action.** Updates from Nevada PEP and discussion and possible action regarding collaborative initiatives – *Charlene Frost, Statewide Family Network Director, Nevada PEP*

Tabled.

14. **For Possible Action.** Updates from Medicaid – *Marcel Brown, Division of Health Care Financing and Policy (DHCFP)*

Tabled.

15. **Public Comment.** Make recommendations for agenda items for the next meeting – *RCMHC Members*

Tabled.

16. **Public Comment.** *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

Tabled.

17. **Adjournment.** – *Melissa Washabaugh, Chair*

The meeting adjourned at 5:02 pm.

CHAT TRANSCRIPT:

[5/18 2:28 PM] Jasmine Sotelo

Hello and welcome to the Rural Nevada Children's Mental Health Consortium main meeting. This meeting is being recorded. Please enter your name, title and organization in this chat for the record.

[5/18 2:28 PM] Jasmine Sotelo

Jasmine Sotelo, Admin Support, DCFS/PEU j.sotelo@dcfs.nv.gov

[5/18 2:56 PM] Kary Wilder

Kary Wilder, PEU/DCFS

[5/18 2:59 PM] Char Frost (External)

<https://nvpep.org/wp-content/uploads/2023/04/Zoom-Virtual-Background.png>

[5/18 2:59 PM] Jennifer Lords

Jen Lords, Nevada Dept of Education, Office for a Safe & Respectful Learning Environment; Project AWARE Director

[5/18 3:00 PM] Char Frost (External)
https://nvpep.org/cmha2023_swagbag/

[5/18 3:04 PM] Kristen Rivas
Kristen Rivas DCFS PEU

[5/18 3:05 PM] Amna Khawaja
Amna Khawaja – DCFS System of Care Grant Unit

[5/18 3:06 PM] Kristen Rivas
Please everyone put their name and agency in the chat. Thanks so much.

[5/18 3:06 PM] Tiffany Coury
Tiffany Coury, DCFS

[5/18 3:06 PM] Nicole Mara
Nicole Mara – DCFS Nevada Pediatric Psychiatry Solutions

[5/18 3:07 PM] Mala Wheatley (Guest)
Mala Wheatley, Pacific Behavioral Health

[5/18 3:07 PM] Michelle Sandoval
Michelle Sandoval, LCSW, Rural Clinics

[5/18 3:08 PM] Kim Parker
Kim Parker, RMCRT

[5/18 3:09 PM] Jasmine Casey
Jasmine Casey, RMCRT

[5/18 3:15 PM] Misty Vaughan Allen
So sorry everyone, I had to take a call but heard you, Misty Allen, Nevada Office of Suicide Prevention

[5/18 3:15 PM] Misty Vaughan Allen
Thanks to whoever said I was driving, lol

[5/18 3:26 PM] Erin Card
Erin Card, RMCRT

[5/18 3:28 PM] Michelle Sandoval
Life Quest Elko for a basket please! Melissa if you can drop it at the Rural Clinics office in Lovelock, I can pick it up from there and deliver it to Life Quest for no shipping cost:)

[5/18 3:32 PM] Misty Vaughan Allen
Great news!!

[5/18 3:37 PM] Michelle Sandoval
We could definitely use more medication lock boxes!!

[5/18 3:41 PM] Misty Vaughan Allen
There is a need for Youth Mental Health First Aid registrations/seats

[5/18 3:41 PM] Misty Vaughan Allen
Kittens

[5/18 3:51 PM] Michelle Sandoval
Thanks for going Sarah!!!

[5/18 3:57 PM] Michelle Sandoval
That is wonderful!!!

[5/18 3:58 PM] Misty Vaughan Allen
Lana, so generous!

[5/18 3:59 PM] Feyia Wolicki
Feyia Wolicki RMCRT

[5/18 4:01 PM] Misty Vaughan Allen
Nevada Coalition for Suicide Prevention statewide conference October 18-20 at Grand Sierra Resort Reno.... details to come. Theme "Raising Hope"

[5/18 4:49 PM] Misty Vaughan Allen
So grateful to you Denise...

[5/18 4:49 PM] Jennifer Lords
Fear and misunderstanding

[5/18 4:53 PM] Marcel Brown
Hello, Sorry, just FYI, I will need to drop at 5pm. Thank you.

[5/18 4:53 PM] Michelle Sandoval
I need to drop off at 5pm as well

[5/18 4:58 PM] Mala Wheatley (Guest)
I need to leave, thanks everyone, see you all next month

[5/18 5:00 PM] Michelle Sandoval
Thank you everyone! Have a great week and lets keep up the good work!!

[5/18 5:00 PM] Rebecca McGough (Guest)
I have to bounce out. Bye y'all

[5/18 5:02 PM] Nicole Mara
Thank you all!!

Meeting ended: 3h 3m 58s